



**Long Term Equestrian Development
Bursary Program**

Long Term Equestrian Development Program (All Disciplines)

The Nova Scotia Equestrian Federation is committed to supporting amateur athletic development. To help support Nova Scotia equestrians of all disciplines, the NSEF has created a Long Term Equestrian Development Bursary Program from which bursaries will be awarded annually to those individuals who best demonstrate their continuing commitment towards skill development. Up to four awards of \$250.00 each will be given out yearly to active NSEF members who exemplify a commitment to personal Long Term Equestrian Development (LTED), if there are suitable applications.

About LTED

Long-Term Equestrian Development (LTED) is a systemic approach being developed and adopted by Equine Canada to maximize a participant/athletes potential and involvement in our sport. The LTED framework aims to define optimal training, competition and recovery program model based on biological age rather than chronological age. It is athlete centered, coach driven and administration, sport science and sponsor supported.

By tailoring an athlete's/participant's sport development program to suit basic principles of growth and maturation, especially during the 'critical' early years of their development, enables him / her to:

- Reach full potential (introduction to Olympic podium)
- Increase lifelong participation in Equestrian and other physical activities
- Improving health and well-being

This framework will set out recommended training sequences and skills developments for the participant from the Active Start stage (6 and under) to the Active for Life Stage (adult recreational). It will address the physical, mental, emotional and technical needs of the athlete as they pass through each stage of development. We encourage you to read more on LTED by going to the Coaching section of the NSEF website at www.horsenovascotia.ca

Bursary Information:

For what can the money be used?

- Riding lessons (with a Current NCCP certified Coach)
- Training fees
- Competition fees
- Continuing education (e.g. clinics)
- Other activities that will assist in the achievement of long-term equestrian objectives.

Who is eligible?

- You must have been an NSEF member (junior or senior) in Good Standing for the current and previous year.
- You must have lived in Nova Scotia for the past two (2) years and be a Canadian citizen or hold landed immigrant status.
- You must demonstrate a commitment to personal long term equestrian development.
- There is no limit to the number of times an applicant may receive this bursary.

Selection Process:

- Bursaries will be awarded to those applicants who best illustrate their current commitment to equestrian development and how the bursary will aid in the achievement of their LTED goals (i.e. training fees, competition fees, riding lessons with a certified coach, etc...) and furthering the profile and status of their chosen discipline.
- Where possible, bursaries will be given to riders in varying equestrian sports (e.g. one each to Dressage, Hunter/Jumper, Reining, and Competitive Trail). If application numbers do not support such, numerous bursaries may be given to the same sport.
- Winners will be selected by a committee of three (3), who will not receive compensation for this committee work. Their involvement is voluntary. Due to the need for impartiality, the names of the committee will not be publicly disclosed until after the selection process is completed. All personal information will be kept confidential and disclosed only to those parties on a need to know basis. The committee will use a pre-determined scoring system to assist with the selection process.

How to apply:

- Only applications that include the following will be considered complete and eligible:
 - Completed application form
 - Essay 1 – Demonstrate current progress with respect to LTED in your chosen discipline (200 words or less)
 - Essay 2 – Indicate how the \$250 would be spent, example to augment lessons with nationally certified coach, to compete out of province, etc... (200 words or less). NSEF reserves the right to request a written report from the bursary recipient based on the submission of this essay.
 - Recommendation/Reference Letter – one from a certified equestrian coach or two from independent supporters.
 - The complete Application package must be received by **NSEF by March 1st of each year.** Only complete applications will be considered. Late applications will not be considered.
- Successful candidates will be notified by April 30th.

Please Note:

- NSEF may, at their option, print, reproduce and publish the successful applicants name and photograph in any medium, without further compensation.
- NSEF reserves the right to withdraw or modify all or part of this Bursary and application process.

Submit to:

NSEF

5516 Spring Garden Road, 4th Floor

Halifax, NS

B3J 1G6

nsefmembership@sportnovascotia.ca

Fax: 902-425-5606



APPLICATION
Long Term Equestrian Development Bursary

A. General Information

Name: _____

NSEF Membership Number: _____

Current Mailing Address:

Street/PO Box: _____

City/Town: _____ Postal Code: _____

Telephone: (home) _____ (cell) _____

Email: _____

B. Athlete Profile Information

Discipline: _____

Current Discipline Level (if applicable) : _____

Years in the Discipline: _____

Name of Coach: _____

Horse/Pony Name: _____

Horse Pony Age: _____ Breed: _____

Rider Level Program (Western or English) Highest Level Achieved (if applicable): _____

C. Athlete's Declaration

I hereby declare that the above information, to the best of my knowledge, is true and complete. In return for any assistance provided by the Nova Scotia Equestrian Federation, I undertake to further my Long Term Equestrian Development.

Applicant's Signature

Date

Name and Signature of Parent or Guardian if Applicant is under 19 years of age at time of application