

The following Topics may be used for the Western Competition Coach Rail Work Lesson Topics

IMPROVE

- Speed Control (Pace Control)
 - Collection
 - Upward and Downward Transitions
 - Rider Position
 - Progressive and Non Progressive Transitions
 - Spacing in a Group
 - Stop
 - Back-up
- *Lesson up to 20 mins*

The following Topics may be used for the Western Competition Coach Maneuvers Lesson Topics

IMPROVE

- Turn on the Haunch
 - Turn on the Forehand
 - Circles (large & small, fast & slow)
 - Side-pass
 - Two track (jog)
 - Simple Lead Changed through Jog
 - Stop
 - Back-up
 - Upward & Downward, progressive & non-progressive transitions
- *Lesson up to 30 mins*

Basic Training Pattern Comprised of these Maneuvers:

- Turn on the Haunch
 - Turn on the Forehand
 - Circles (large & small, fast & slow)
 - Side-pass
 - Two track (jog)
 - Simple Lead Changed through Jog
 - Stop
 - Back-up
 - Upward & Downward, progressive & non-progressive transitions
- *Lesson up to 30 mins*