



*Western
Rider
Level 1 -4
Progress
Report*



Candidate Name:

Coach:

Level 1

Level 2

TOPICS

- Parts of Horse
- Colours and Markings
- Grooming
- Parts of the Hoof
- Hoof Hygiene
- Hoof Care - Trimming
- Farrier Terms
- Clipping & Trimming - Bridle Path
- Clipping & Trimming - Mane & Tail
- Clipping & Trimming - Hooves
- Clipping & Trimming - Bathing
- Clipping & Trimming - For Cosmetic Reasons
- Clipping & Trimming - Chestnuts
- Horse Health Topics
- Horse Health First Aid
- Safety
- Basic Horse Handling
- Basic Horse Handling - Use of Chain
- Tack - Basic Equipment
- Tack - Parts of Saddle
- Tack - Parts of Bridle
- Tack - Different Rigging
- Saddling
- Bridling
- Mounting & Dismounting
- Body Position - during Walk & Jog
- Body Position - Introduction to Lope
- Rein Effects - Open & Direct
- Rein Effects - Indirect
- Aids - Natural
- Aids - Introduction to Artificial Aids
- Elementary Stops
- Backing
- Correct Leads
- Rider Calisthenics
- Description of Gaits - Walk & Jog
- Description of Gaits - Lope

COMMENTS:

TOPICS

- Confirmation
- Teeth
- Unsoundnesses & Blemishes
- Undesirable Behaviour Traits
- Parasite Control
- How to Buy a Horse
- Horse Examination for Sale
- Hauling Your Horse
- Groundwork - Rider Fitness
- Groundwork - Rider Gymnastics
- On Horse Back (Riding Skills)
- Regulated Pace at Walk & Jog
- Posting Trot & diagonals
- Intro to relationship between rider & horse behaviour
- Regulated Pace at Lope
- Refined control at Walk & Jog
- Introduction to indirect rein
- Introduction to Leg Yielding

COMMENTS:

Level 3

TOPICS

- Preventative Health Care
- Emergency Care
- Recognizing the unhealthy horse
- Bandaging
- Colic
- Laminitis
- Tying Up
- Heat Stroke
- Common Disease
- Equipment - Introduction to Snaffle Bits
- Equipment - Introduction to Curb Bits, Bosals & Hackmore
- Riders' Clothing
- Code of Ethics
- Psychology of the Rider
- On Horse Back (Riding Skills)
- Introduction to Rein of Opposition
- Leg Effects
- Turn on the Forehand
- Practice at all gaits
- Turn on the Haunches
- Development of all gaits & maneuvers required to complete Rider 4 Pattern
- Competency of Skills

COMMENTS:


Level 4

TOPICS

- Guide to Equine Nutrition
- Stable Construction & shelter
- Lunging
- Introduction to Round Pen
- On Horseback (Riding Skills) & Introduction to Schooling Exercises
- Introduction to Circles
- Circle Accuracy
- Basic Collection at Walk & Jog
- Basic Collection at Lope
- Side Pass
- Riding with a Curb Bit
- Two Track
- Simple Lead Changes
- Rider 4 Pattern

At this level, the focus is on the accuracy and refinement of the skill set. Coach or LTED Quote

COMMENTS:



*Thank you to the
hard working
committee for their
contributions to
this project.*



NOVA SCOTIA
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What's Next?

Western Intermediate Rider Program

- **Basic Training**
- **Speed Events**
- **Reining**
- **Horsemanship**
- **Showmanship**
- **Western Pleasure**
- **Western Riding**
- **Trail**

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