



**Long-Term  
Equestrian Development  
Bursary**

## **Long Term Equestrian Development Program (All Disciplines)**

Equestrian Nova Scotia is committed to supporting amateur athletic development. To help support Nova Scotia equestrians of all disciplines, we have created a Long-Term Equestrian Development Bursary Program from which bursaries will be awarded annually to those individuals who best demonstrate their continuing commitment towards skill development. **Up to four bursaries of \$500.00 each** will be awarded to current members-in-good-standing who exemplify a commitment to personal Long Term Equestrian Development (LTED).

### About LTED

Long-Term Equestrian Development (LTED) is a systemic approach being developed and adopted by Equestrian Canada and its provincial partners to maximize an athlete's potential and involvement in our sport. The LTED framework aims to define optimal training, competition and recovery program model based on biological age rather than chronological age. It is athlete-centered, coach-driven and administration, sport science and sponsor-supported.

By tailoring an athlete's sport development program to suit basic principles of growth and maturation, especially during the 'critical' early years of their development, enables them to:

- Reach full potential (introduction to Olympic podium)
- Increase lifelong participation in Equestrian and other physical activities
- Improving health and well-being

This framework will set out recommended training sequences and skills development from the Active Start stage (6 and under) to the Active for Life Stage (participatory). It will address the physical, mental, emotional and technical needs of the athlete as they pass through each stage of development. We encourage you to read more on LTED by going to the Coaching section of our website at [www.equestriannovascotia.ca](http://www.equestriannovascotia.ca)

### **Bursary Information:**

#### **For what can the bursary be used?**

- Lessons with a Current NCCP certified Coach
- Training fees
- Competition fees
- Continuing education (i.e. clinics)
- Other activities that will assist in the achievement of your long-term equestrian goals.

#### **Who is eligible?**

- You must have been an Equestrian Nova Scotia member-in-Good-Standing (junior or senior) for the current and previous membership year.
- You must have lived in Nova Scotia for the past two (2) years and be a Canadian citizen or hold landed immigrant status.
- You must demonstrate a commitment to personal long-term equestrian development.
- You are not eligible to receive the bursary two years in a row.

**How to apply:**

Only applications that include the following will be considered complete and eligible:

- Completed application form;
- In a 400-word essay, demonstrate your current progress with respect to LTED in your chosen discipline. In this essay, please indicate how the \$500 bursary would be used. Equestrian NS reserves the right to request a written report from the bursary recipient based on the essay submission.
- Signed Letter of Recommendation/Reference – one, if from a NCCP certified equestrian coach **OR** two, if from independent supporters. Direct email of reference to the Equestrian NS office is acceptable.
- The complete Application package must be received by **Equestrian Nova Scotia by March 1st of each year.**

Only complete applications will be considered. Late applications will not be considered.

- Successful candidates will be notified by April 30<sup>th</sup>.

**Selection Process:**

- Bursaries will be awarded to those applicants who best illustrate their current commitment to equestrian development and how the bursary will aid in the achievement of their LTED goals (i.e. training fees, competition fees, riding lessons with a certified coach, etc.) and furthering the profile and status of their chosen discipline.
- Where possible, bursaries will be given to athletes in various equestrian disciplines (i.e. one each from Dressage, Hunter/Jumper, Reining, and Competitive Trail). If application numbers do not support such, more than one bursary may be given to the same discipline.
- Recipients will be selected by a volunteer committee of three (3).  
Due to the need for impartiality, the names of the committee will not be publicly disclosed. All personal information will be kept confidential and disclosed only to those parties on a need-to-know basis.
- In addition to the above, a pre-determined scoring system is used to assist with the selection process. This system is based on the application, essay, Learn to Ride/Drive program achievement and references.

**Please Note:**

- Equestrian NS may, at their option, print, reproduce and publish the successful applicants' name and photograph in any medium, without further compensation.
- Equestrian NS reserves the right to withdraw or modify all or part of this bursary and application process.

**Submit via one of the following by March 1, 2023:**

**Mail: Equestrian Nova Scotia**  
5516 Spring Garden Road, 4<sup>th</sup> Floor  
Halifax, NS B3J 1G6

**Fax:** 902-425-5606

**Email:** nsefservices@sportnovascotia.ca



**A. General Information**

Name: \_\_\_\_\_

Equestrian NS Membership #: \_\_\_\_\_

Current Mailing Address:

Street/PO Box: \_\_\_\_\_

City/Town: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: (home) \_\_\_\_\_ (cell) \_\_\_\_\_

Email: \_\_\_\_\_

**B. Athlete Profile Information**

Discipline: \_\_\_\_\_

Current Discipline Level (if applicable): \_\_\_\_\_

Years in the Discipline: \_\_\_\_\_

Name of Coach: \_\_\_\_\_

Equine Name: \_\_\_\_\_

Equine Age: \_\_\_\_\_ Breed: \_\_\_\_\_

Learn to Ride/Drive Program Highest Level Achieved (if applicable): \_\_\_\_\_

**C. Athlete's Declaration**

I hereby declare that the above information, to the best of my knowledge, is true and complete. In return for any assistance provided by the Equestrian Nova Scotia, I undertake to further my Long-Term Equestrian Development.

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name and Signature of Parent or Guardian if Applicant is under 19 years of age at time of application