

2022 Multi-Discipline Coach Symposium April 8-10th, 2022



Standard First Aid Recertification Course IN-PERSON ONLY

Friday, April 8th 3:30 p.m. – 9:30 p.m.

Oakfield Golf and Country Club, 6055 NS Trunk 2, Enfield

Must register for this course by March 30th

Professional Development Sessions

Saturday, April 9th: 8:45 a.m. - 5:00 p.m.

Oakfield Golf and Country Club, 6055 Nova Scotia Trunk 2, Enfield

IN-PERSON OR VIRTUAL

In-Person: Space may be limited - register early to secure your spot

Virtual via Zoom: Reliable internet & video is required to ensure effective participation

Creating a Welcoming and Inclusive Environment

Nick Lenehan, Participation Lead – EDI (Equity, Diversity, and Inclusion) with Sport Nova Scotia, will lead you through this informative and interactive session, focusing on creating and fostering a welcoming environment for the 2SLGBTQI+ community. He hopes that his session will help broaden your understanding of the impact you have as a coach.

Andrew Paris, Coach Lead – Equity, Diversity, Inclusion & Mentorship with Canadian Sport Centre Atlantic (CSCA), will provide you with knowledge on how to better create and foster welcoming environments and interactions with the black, indigenous, and people of color communities. Andrew is excited to join us for this important conversation.

Keeping Girls in Our Sport

Shockingly, 1 in 4 girls will not return to sport post COVID. Join the Canadian Woman & Sport facilitator as she arms you with the tools and knowledge to promote new opportunities for women and girls to participate in our sport. You will also come away with a plan to keep them riding/driving and help you, as an equestrian coach, to create a positive experience for girls and women.

Risk Management 101

CapriCMW's Mike King will join us to talk about the importance of Risk Management in the coaching environment. You are encouraged to ask questions. Mike will also be available during lunch for one-on-one questions.

Administrative Update and Committee Election

Technical Arena Session

Sunday, April 10th: 9:00am-4:00pm

IN-PERSON ONLY

Todd Hill Farm, 6570 Nova Scotia Trunk 2, Enfield

The technical arena session will cover many important topics for coaches and athletes including: Basic Yearly Training Plans & stages and why they aren't just for competitive students; Equine Health, Equine Conditioning: Factors to include in Micro-cycles and what that looks like; supportive tools such as Saddle Fitting, Equine Massage, & Heart Rate Monitors. This interactive session will be facilitated by High Performance Coach Ruth Allum - be prepared to take part!

Registration Deadline is Sunday, April 3rd



2022 Multi-Disciplinary Coach Symposium REGISTRATION FORM

Oakfield Golf & Country Club, 6055 Nova Scotia Trunk 2, Enfield
Todd Hill Farm, 6570 Nova Scotia Trunk 2, Enfield

Name: _____

Discipline (circle all that apply): **Drive** **English** **Western** **Other**

Email Address: _____

Phone: _____ **NSEF/PSO #:** _____

| Sessions | Cost | Check all that apply | Sub-Total |
|---|----------------------------------|----------------------|---------------|
| Friday First Aid Recertification Course | \$90.00 | | |
| Saturday Professional Development & Sunday Arena Sessions- <i>In-Person</i> | \$125.00 (Best Offer) | | |
| Saturday Professional Development Session - <i>In-Person</i> | \$75.00 | | |
| Saturday Professional Development Session - <i>Virtual via Zoom</i> | \$75.00 | | |
| Sunday Arena Session - <i>In-Person</i> | \$75.00 | | |
| Nutritional Breaks/ Lunch on Saturday and Sunday and swag bag included | | | Total: |

Select PAYMENT TYPE: Visa MasterCard Cheque/Money Order (payable to NSEF)

VISA/MASTERCARD PAYMENT INFORMATION

Credit Cardholder Name: _____ Signature _____

Credit Card #: _____ Expiry Date: _____ Verification Code: _____

Please add **Admin Fee \$3.00 to Total Credit Card Payment Enclosed:** _____

Send to NSEF 5516 Spring Garden Rd, 4th Floor Halifax NS B3J 1G6 Fax:902-425-5606
e-mail:nsefmembership@sportnovascotia.ca For more information, call Alex at 902-425-5450 ext. 381

A 10% administration fee will be applied to a refund request. **NO refunds will be granted after March 31st.** We reserve the right to cancel session(s) due to unforeseen circumstances or insufficient advance registration. If we must cancel all or any part of the symposium, you will be given a credit or you can request a refund in writing. We cannot accept responsibility for individual participant expenses incurred as a result of the cancellation of this symposium. ***IF COVID-19 prevents us from offering an in-person session on Friday, the first aid course will be postponed. Saturday's sessions will be adjusted to a virtual event. Sunday's arena session will be cancelled. More information will be provided by email, if deemed necessary.***

Looking for a Place to Stay?

[Quality Inn Halifax Airport Hotel](#) 60 Sky Boulevard, Goffs 902-873-3000
[Alt Hotel Halifax Airport](#) 40 Silver Dart Drive, Enfield 902-334-0136
[Hilton Garden Inn Halifax Airport](#) 200 Pratt & Whitney Dr, Enfield 902-873-1400
[Holiday Inn Express & Suites Halifax Airport](#) 180 Pratt & Whitney Drive, Enfield 902-576-7600