

2021 Multi-Discipline Coach Conference

April 16 & 17, 2021

Brightwood Golf Course, 227 School St, Dartmouth, NS

**Join us for a weekend of coach professional
development, including First Aid Recertification**



Standard First Aid Re-certification Course

Friday, April 16th
3:30pm – 9:30pm

Must register by March 30th

IN PERSON ONLY

**Please bring a brown bag lunch
as it will be a working supper.**

Looking for a Place to Stay?

There are several hotels in the area:

[Best Western Plus Dartmouth
Hotel & Suites](#)

[15 Spectacle Lake Dr, Dartmouth
902-463-2000](#)

[Comfort Inn](#)

[456 Windmill Rd, Dartmouth
902-463-9900](#)

[Delta Hotels by Marriott Dartmouth](#)

[240 Brownlow Ave, Dartmouth
902-468-8888](#)

[DoubleTree by Hilton](#)

[101 Wyse Rd, Dartmouth
902-463-1100 or 1-855-610-TREE](#)

[Hampton Inn & Suites by Hilton
Halifax - Dartmouth](#)

[65 Cromarty Dr, Dartmouth
902-406-7700 or 1-800-HAMPTON](#)

[Holiday Inn Express & Suites
Halifax – Dartmouth](#)

[335 John Savage Ave, Dartmouth
902-431-1122](#)

[Hearthstone Inn Boutique Hotel](#)

[313 Prince Albert Rd, Dartmouth
902-469-5850](#)

Educational Coaching

Professional Development Sessions

Saturday, April 17th from 9:00am to 5:00pm (VIRTUAL)

Virtual Information: Participants must have reliable internet and video available to connect to the zoom connection.

If COVID restrictions do not allow the in-person event, this course will be adjusted to a virtual event More information will be provided by email if this is the situation.

This full day will include a variety of sessions providing professional development opportunities encompassing the athlete, coach, horse, and facility. Session with subject matter experts will include:

Equine Health Sessions: Led by veterinarians Dr Jeanne DeLuca and Dr Trevor Lawson, these sessions will cover information on deworming, equine first aid and lameness.

A Flying Change: From Skill Development to Emotional Support of the Equestrian Athlete - led by Clinical Social Worker Kathleen Murphy. Do you work with fearful athletes? Have you seen a decrease of participants in your programs? COVID-19 has been stressful for many and has made an impact on how we run our programs, our businesses and has affected our own personal endeavors in equestrian sport. This workshop will explore some alternative perspectives and offer strategies when it comes to supporting the development of well-rounded athletes. Unpacking the physiology of stress and discussing effective ways to de-escalate tense situations, coaches will gain some new tools to manage intense emotions, support fearful athletes in a different way and discover how the global impact of COVID-19 continues to affect the day to day running of programs, managing athletes and their families and our own experiences of personal well-being.

Environmental Farm Plan: Led by Environmental Farm Plan Coordinator Trevor Davison, this session will discuss Premise ID, environmental farm practises for equine facilities such as manure management.

Administrative Update including Multi-Discipline Coach Advisory Coach Committee (MDCAC) Coach Representative Elections



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Brightwood Golf Course Clubhouse, 227 School St, Dartmouth, NS**

Submit Registration forms to nsefservices@sportnovascotia.ca. To register via phone, call (902) 425-5450 ext. 342.

First Name **Last Name** **NSEF #(or home PSO)**

Phone **Email**

Discipline (circle all that apply): Drive English Western Other

Date	Session Title	REGISTRATION DEADLINES	REGISTRATION FEE	SUBTOTAL
Saturday April 17th	Saturday Symposium Please note: this is an online offering via Zoom.		\$60.00	
PAYMENTS WILL BE PROCESSED AFTER MARCH 31st, 2021				TOTAL :

*Please note:

A 10% administration fee will be applied to refunds requested, however **NO refunds will be granted after March 31st**. The NSEF reserves the right to cancel session(s) due to unforeseen circumstances or insufficient advance registration. If the NSEF cancels the course, you can credit the amount to the next course or request a refund in writing. The NSEF cannot accept responsibility for expenses incurred as a result of the cancellation of a course.

PAYMENT TYPE: <input type="checkbox"/> -Cheque <input type="checkbox"/> -Money Order <input type="checkbox"/> -MasterCard/Visa <input type="checkbox"/> -Cash (in office only – please call ahead)			
VISA/MASTERCARD PAYMENT INFORMATION: Total Credit Card Payment Enclosed: _____ (Add Admin Fee \$3.00)			
Name on Credit Card:		Signature:	
Credit Card Number	Expiry Date	Verification Code (located on the back of the card)	

Looking for a Place to Stay? Please see our information page for information on local hotels. Don't forget to book early!