



NCCP DESIGN AN EQUESTRIAN SPORT PROGRAM

Saturday, October 22nd

9:00 a.m. to 5:00 p.m. (Course begins at 9:00 so please arrive a few minutes before)

Location: Sport Nova Scotia Classroom, 5516 Spring Garden Road, 3rd Floor Halifax, NS, B3J 1G6

This NCCP/EC workshop is highly recommended for anyone interested in further developing their understanding of Yearly Training Plans and sport programs. The Design an Equestrian Sport Program teaches Competition Coaches how to design a basic sport program. Although this course has been developed around programs for competitive athletes the concepts can be applied to any athlete's program including therapeutic athletes or lesson students. Resource material and workbook provided.

Design an Equestrian Sport Program includes:

- Gathering the information to build your program
- Knowing and Analyzing your program
- Developing the Yearly Training, Competition & Recovery Plan
- Linking sport programs and practice sessions in this ever-changing Sport Environment

Upon completion, you will be able to:

- Outline a program structure based on available training and competition opportunities
- Identify program measures to promote rider/horse development
- Develop practice plans that integrate seasonal training priorities

Other information:

- **The cost of the course includes manuals, lunch, and nutrition breaks.**
- Certified Coaches/Instructors will get Professional Development Points.

Registration Information:

Register online at <https://forms.gle/tQ87UCutaJm8fqMAA> or using the attached registration form.

Registration Deadline – *If minimum numbers are met by October 13th, 2022, registration will be extended until October 20th, 2022. If minimum numbers are not met by October 13th, 2022, the course will be cancelled.*

Registration Rate: \$100.00

Please contact Sheila or Heather to discuss a payment plan if the registration rate is a concern.

A ten percent administration fee will be applied to refunds requested; however, **NO** refunds will be granted after October 13th. The NSEF reserves the right to cancel session(s) due to unforeseen circumstances or insufficient advance registration. If the NSEF cancels the course, you can credit the amount to the next course or request a refund in writing. The NSEF cannot accept responsibility for expenses incurred as a result of the cancellation of a course.

NSEF NCCP DESIGN AN EQUESTRIAN SPORT PROGRAM REGISTRATION FORM

SATURDAY, OCTOBER 22nd, 2022

By completing this registration form you are registering and committing to this workshop.

First Name	Last Name	
Phone	Email	Birthdate (Y/M/D)
NSEF# (or Home PSO)	CC# (if applicable)	

Why are you taking this course? (Please check all that apply):

- General Interest High School Personal Development Credit
 Professional Development I am interested in becoming an Instructor/Coach
 Other: please specify _____

Discipline you coach/interested in coaching: English Western Driving

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Do you have any medical or cultural dietary restrictions? Yes ___ No ___ If yes, please indicate them here:
Do you have any accessibility requirements that you would like us to be aware of? Yes ___ No ___ If yes, please indicate them here:
I am aware that this event will have video and photos taken. Any media may be used by NSEF for promotional materials: Sign Here (Parent/Guardian if under 19) _____

Voluntary information collected for the Coaching Association of Canada for National Coaching Certification Program development: Canadian Forces RCMP Indigenous Peoples (First Nations, Inuit, Métis) Person with a disability
Gender Identity: Female Male Non-binary/Genderqueer/Gender Fluid Two-spirit Prefer not to answer

PAYMENT TYPE: <input type="checkbox"/> -Cheque <input type="checkbox"/> -Money Order <input type="checkbox"/> -MasterCard/Visa <input type="checkbox"/> -Cash (in office only – please call ahead)		
VISA/MASTERCARD PAYMENT INFORMATION:		Total Credit Card Payment:
Name on Credit Card:		Signature:
Credit Card Number	Expiry Date	Verification Code (located on the back of the card)