

VOLUME 5, ISSUE 2

NOVA SCOTIA EQUESTRIAN FEDERATION



OCTOBER 2012

HOOFPRIENTS

Official Newsletter of the Nova Scotia Equestrian Federation

TEAM NOVA SCOTIA



2012 SILVER MEDALISTS

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NSEF Awards Reception

**Sunday,
November 18th
Immediately
following the
NSEF
Annual General
Meeting**

You are invited to attend the NSEF Awards Reception and Silent Auction on Sunday, November 18th at the Best Western Glengarry Hotel, Truro. Please RSVP to the NSEF Office.

- **Scotia Series Competition Awards**
- **Team Nova Scotia Recognition**
- **Community Awards:**
 - **Volunteer of the Year**
 - **Sponsor of the Year**
 - **Service Awards**

NSEF Awards Reception and Silent Auction **Sunday, November 18th – (Approx. 2:30 pm)**

Please RSVP by email (nsefmembership@sportnovascotia.ca) or by phone 902.425.5450 Sheila or Crystal (337).

Location: Best Western Glengarry Hotel, 150 Willow Street, Truro, NS



A MESSAGE FROM THE PRESIDENT

Our beautiful summer is now over and we have started fall. Our Nova Scotia team did very well overall at the Canadian Interprovincial Equestrian Championships so Congratulations to all of you. I hope all of you enjoyed a wonderful experience and had a great time.



Barbie Lewis
NSEF President

I would also like to express a word of caution to those of you buying horses out of Saskatchewan and Alberta. West Nile has been discovered in at least six horses scattered throughout these provinces. Also, Swamp Fever (EIA) is also prevalent in these provinces so I would recommend that you have these horses Coggins tested for your protection and for the safety of other horse owners. It is a small cost given the far ranging ramifications. Finally, I would like to wish all of you a great fall season doing what you all enjoy with your best four-legged friend.

Barbie Lewis, President, NSEF

FROM THE ED'S DESK

As we near the end of 2012, it is exciting to reflect back on this year as one of growth in membership, programs and services. We now have a part-time Membership Coordinator, Crystal Harms, who is available to assist you with queries regarding your membership renewal and benefits.



Heather Myrer
NSEF E.D.

It has certainly been a busy year for NSEF in providing more coaching opportunities; growth in our Scotia Series Competitions; sending a full team to the Canadian Interprovincial Equestrian Championships whereby our team took home a silver medal; and working on a new website that will be operational later this fall. Our Ride/Drive Rewards Program continues to attract new members as does the P'Tit Trot Rider program.

Our AGM and Awards Reception are slated for Sunday, November 18th at the Best Western Hotel in Truro. We hope to see you there.

I would like to take this opportunity to thank our staff, Sheila and Crystal for the amazing contribution they make for the NSEF. We all take great pride in what we do and we always strive to provide the best quality programs and services to you, our member.

Our NSEF Board deserves special recognition as well for its direction and support throughout the year.

Have a great fall and I look forward to serving you in 2013.

Heather Myrer, Executive Director, NSEF

Cover photo: Julia Cecchetto

NSEF BOARD OF DIRECTORS

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Return undeliverable mail to:
NOVA SCOTIA EQUESTRIAN FEDERATION
5516 Spring Garden Road, 4th Floor
Halifax, NS B3J 1G6

TEAM NOVA SCOTIA

NSEF is proud to introduce the members of Team Nova Scotia who represented us at the Canadian Interprovincial Equestrian Championships in Bromont and Blainville from September 19-23rd.

DRESSAGE DIVISION



Kerri Rafuse & Diplomacy

Kerri, from Chester, has ridden for many years. She started riding dressage 18 months ago. Kerri is enjoying the new challenges this discipline brings and is very excited to be a part of Team Nova Scotia.

Keirstan MacDonald & Ka Moro

Keirstan is from Pictou riding her 7 year-old gelding. Keirstan competed and placed in all NEDA Fall Festival classes in New York in 2011. Placed first in all classes attended in Nova Scotia 2012.



Latisha Benoit & Silviana

Latisha is from New Glasgow. She was Reserve Champion at the 2011 Central Nova Horse and Pony Show #4, placing first overall in first level and training level several times. Latisha has been riding for 5 years.

JUMPER DIVISION

Nikki Meyer & Genuine

Nikki started riding when she was 7 years old and has competed successfully up to 1.25 meters in previous years. She attended the inaugural CEC in 2011, winning the Mini-Prix on the last day. Nikki has showed in various places across the US and Canada including Spruce Meadows. Last year, she placed 2nd in the Vermont Summer Festival for the Top Canadian Rider Award. This year, Nikki has a new mount, "Genuine," and is happy to be riding her as a part of the Canadian Interprovincial Equestrian Championships.



Dara Pelkey-Field & Mardi Gras

Dara started riding at 5 years of age in New Brunswick. She moved through Hunter and Equitation rings as a junior, eventually competing in the Jumper divisions over the past ten years. Past competitions have taken her throughout the Maritime Provinces winning the 1.2 meter Grand Prix at Old Field Farm in 2011. She also had top five finishes at various shows throughout Quebec during 2011 and 2012 as well as a top five finish in the Maritime Greenhawk Medal Series. In 2011, Dara and her mount, "Mardi Gras," won Nova Scotia Provincial 1.15 meter Jumper Champion. Dara graduated with a B.S. in Agriculture as a Biology major from the Dalhousie Faculty of Agriculture and now works in their Equine Business program as an Instructor. This is her first CIEC experience.

Erin Cecchetto & Ever So Clever

Erin is a grade 9, honours student at West Hants Middle school, and also involved in soccer, hockey and track - making provincial finals in all soccer & track in 2012. Her first love is equestrian and together with her large pony, Ever So Clever, have become a great team. Erin and "Maggie" have been together for 5 years, since age 9 & 4 respectively, and started off in the short stirrup divisions, then progressed to large pony hunter, and 3 years ago, switched to Pony jumper and have never looked back. Erin's goal in 2012 was making the CIEC for team NS with her pony before turning her primary attention in 2013 to her new horse, a 16.3 hh, 2008 warmblood gelding - who she hopes to move into the jumper ring over the next couple of years. Erin is a member of the Avon Pony Club in Windsor, NS and has competed in both Show Jumping and PPG regional events.



Evan Phinney & Bill Bailey

Evan is a first year Acadia University student majoring in business. She is a prominent junior jumper from Nova Scotia. Evan has successfully competed at Wellington Equestrian Festival, International Bromont, Vermont Summer Festival, USA College Prep Invitational and local EC competitions including Horses at Work, Coveside, Restless Pines and the Maritime Fall Fair. Evan received a 2012 Jump Canada Bursary. Evan, riding Duke of Earl, competed at the inaugural 2011 CEC. Evan is proud to be representing Nova Scotia in the jumper division again this year.



REINING DIVISION

Mary-Ann Cranton & Rob's Last Twist

Mary-Ann recently returned to the sport of Reining since winning Novice Rider for Nova Scotia in 1998. After a 12-year "vacation", she is enjoying her return to the show ring with her new partner "Rob's Last Twist" and they been in the ribbons all summer. This competition promises to be the highlight of her show year.



Lesley Higgins-Elchuck & Sumac Up Top

Lesley has had horses all her life starting with an Appaloosa breed. This is her first year as a Reiner. She is currently giving lessons at Sumac Farm. Lesley has shown successfully in 2012 in local Reining competitions.



Kaleigh Bennicke & Genetic Jewel

Kaleigh lives in Shelburne, NS. Kaleigh was the 2011 New Brunswick Codiac Reining Association Green Rider Champion. In 2012 she took the 14-18 year-old Youth New Brunswick Codiac Reining Association Champion title.



Jill Barker (Jumping), from Windsor, is a highly motivated and successful Coach with almost 30 years of coaching and competitive experience to her name. Her athletes have shown at all levels of competition ranging from local to the international scene. Jill is currently the Manager and Head Instructor at the Halifax Jr. Bengal Lancers and owner of Horses at Work Competitive Show Barn.



Kaitlyn Harding & Miss Cindy Lou Who

Kaitlyn has been a 4-H member for nine years and counting. She trained in Hunter/Jumper for three years and for the past few years she has been successfully showing through National Reining Horse Association.

Dawn Helm (Dressage)

of Port Howe, has 20 years of coaching experience in a vast array of settings coaching at local, provincial and national levels - from training to FEI Junior. Dawn has a background which includes 35 years of riding and coaching. Dawn is the owner/operator of Galloway

Stables and is the Head Coach for Tantramar Pony Club. Her 35 years of riding and coaching will help to prepare the team in Quebec.



Photo (L to R) Norma, Jill, Dawn

DISCIPLINE COACHES

Norma Graham (Reining), from Middleton, is passionate about coaching and her athletes have excelled in reining, pleasure and general performance. Norma has 17 years of coaching experience and she currently owns and operates Sky Valley Farm. Norma is heavily involved in volunteering for various horse clubs and competitions in the valley.

2012 CIEC RESULTS

Team Nova Scotia took home the silver medal just behind the home province of Quebec in the Overall Team Medal Category. The overall team medal award was based on points earned in all three disciplines. This was quite a feat with 65 athletes from nine provinces participating at this year's championships. Nova Scotia's Reining Team earned the Team Reining Silver Medal.

Team Nova Scotia would like to Thank MacIsaac Kiltmakers, Greenhawk, and Donor Program Supporters!

The individual athlete medals were based on each athlete's results from all three classes. Kaleigh Bennicke won the Bronze Junior Reining Medal while Mary-Ann Cranton won the Bronze Senior Reining Medal.

Class One Results:

Reining: Lesley Higgins-Elchuck 2nd; Mary-Ann Cranton 6th (tied); Kaleigh Bennicke 8th

Dressage: Keirstan MacDonald 2nd; Latisha Benoit 10th

Jumper: Evan Phinney 7th



Class Two Results:

Reining: Lesley Higgins-Elchuck 4th;

Mary-Ann Cranton 6th; Kaleigh Bennicke 7th

Dressage: Latisha Benoit 10th

Jumper: Erin Cecchetto 9th



Class Three Results:

Reining: Kaleigh Bennicke 5th (tied);

Mary-Ann Cranton 9th

Jumper: Dara Pelkey-Field 2nd, Nikki Meyer 9th

The Nova Scotia nominee for the Athlete Sportsmanship Award was Dara Pelkey-Field and the Nova Scotia nominee for the Top Groom Award was Dee Harding.

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PHONE: 902-825-4220 **EMAIL:** suecq1957@gmail.com
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PHONE: 902-863-4853
PRESIDENT: Amanda Workman
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PHONE: 902-863-6221

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PHONE: 902-574-2540 (c) **EMAIL:** cranjamie@gmail.com

CENTRAL NOVA HORSE AND PONY ASSOCIATION

Web Site: www.cnhp.ca
DIRECTOR: Sheri Morehouse
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PHONE: 902-897-4755 **EMAIL:** morehosc@gov.ns.ca

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PHONE: 902-680-6858 **EMAIL:** eplaxton@hotmail.com
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Web Site: www.bengallancers.ca
DIRECTOR: Sallie Murphy
196 Moss Close, Lawrencetown, NS B2Z 1S5 **PHONE:** 902-435-9344

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Web Site: www.bengallancers.ca
DIRECTOR: Jill Barker
PHONE: 902-423-6723 **EMAIL:** hjbl@ns.sympatico.ca
PRESIDENT: John Young HJBL, 1690 Bell Road, Halifax, NS B3H 2Z3

HINCHINBROOK FARM SOCIETY

Web Site: www.hinchinbrookfarm.com
DIRECTOR: Crystal Harms
PHONE: 902-802-5568 **EMAIL:** charms@paths2learning.com
PRESIDENT: Carolyn Collicut **PHONE:** 902-547-0667

HORSE TRIALS NOVA SCOTIA

Web Site: www.htns.org/
DIRECTOR: Pam Macintosh **EMAIL:** pmacintosh@bellaliant.net

MARITIME BARREL RACING ASSOCIATION

Web Site: www.maritimebarrelracing.com
DIRECTOR/PRESIDENT: Marion MacDonald
PHONE: 902-895-8448 **EMAIL:** mbra@maritimebarrelracing.com

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DIRECTOR: Gillian Allen
PHONE: 902-257-2678 (h) **EMAIL:** follyfarm@seasidehighspeed.com
PRESIDENT: Sue Karrel
280 Carrobie Road, Great Village, NS B0M 1L0
PHONE: 902-668-2312 (h) **EMAIL:** sskarrel@hotmail.com

NOVA SCOTIA HUNTER JUMPER ASSOCIATION

Web Site: www.nshj.ca
DIRECTOR: Susan MacLean Michel
7 Langbrae Drive, Suite 5, Halifax, NS B3M 4N7
PHONE/FAX: 902-457-0030 **EMAIL:** ns.hj@hotmail.com
PRESIDENT: Jill Barker **EMAIL:** horsesatwork@gmail.com

NOVA SCOTIA REGIONAL PONY CLUB

Web Site: www.canadianponyclub.org
DIRECTOR: Valerie McDermott
Rusty Anchor Stables, 1255 Hwy. 14, Rawdon, NS B0N 2N0
PHONE: 902-632-2320 **EMAIL:** rustyanchorfarm@eastlink.ca
PRESIDENT: Sheila Bower-Jacquard
PHONE: 902-678-4016 **EMAIL:** sheilabowerjacquard@bellaliant.net

QUEENS COUNTY HORSE AND PONY CLUB

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CONGRATULATIONS NSEF BURSARY RECIPIENTS

NSEF is pleased to announce the recipients of the 2012 NSEF Youth Bursary Program. Twenty-six applications were received from young NSEF members from all over the province and it took many hours to decide on the top six applicants. Our congratulations are extended to **Meggie McKay**, from Falmouth, **Matthew Cormier**, from Antigonish, **Laura Jacquard**, from Kentville, **Taylor Creaser**, from Aylesford, **Teigen Bond**, from Shubenacadie and **Julia Locke**, from Truro. Many thanks to all of you who applied and remember, you may apply again next year for this bursary. Individuals may receive this Bursary only once in their lifetime. The 2013 Bursary Application will be available early in the new year. Applications must be received in the NSEF Office on May 1st, 2013. NSEF reserves the right to make changes to the NSEF Bursary Application process.

Biosecurity Online Workshop - Take Action to Reduce Chances of Sickness - October 22nd - November 4th

Protect your horse from infectious disease:

- Identify risks of infectious disease in your barn
- Apply practical ways to reduce your risks of disease
- Reduce the chances of sickness in your horse

For more information and/or to register for this educational opportunity visit:

www.EquineGuelph.ca/biosecurity.php.

**NCCP COMPETITION COACH WORKSHOP
DECEMBER 8th & 9th, 2012**

This workshop is a highly recommended training opportunity for those individuals interested in becoming certified in the contexts of Competition Coach, Competition Coach Specialist or High Performance Coach as it provides information directly related to the evaluation process for those coaching context evaluations. This course is open to those who are interested in the information for their own knowledge or those who are coaching competitive students. Athletes can benefit from the information as well as coaches/coach candidates. The three modules that make up this workshop are: Designing an Equestrian Sport Program (yearly training plans), Managing an Equestrian Sport Program, and Training Mental Skills for Equestrian Sport.

The workshop will be held Saturday, December 8th & Sunday, December 9th, 2012 from 9am-5pm at the Sport Nova Scotia Building on Spring Garden Rd in Halifax. Individuals can take select modules or the full workshop. The cost of the full workshop is \$200 and the registration deadline with payment is Monday, November 26th, or until the course is full. **More details are included in the course information and registration form, which is available from the NSEF Office by email nsefmembership@sportnovascotia.ca.**

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AWARDS NOMINATIONS DEADLINE NEARS

Nominations are now being accepted for...

THE NSEF VOLUNTEER OF THE YEAR AWARD

The NSEF Volunteer of the Year Award recognizes an outstanding volunteer who has contributed to equestrian sport. Volunteer service may include years of participation, administration, contribution, innovation, or the advancement of equestrian. The Volunteer of the Year Award is presented at the annual Awards Banquet to an individual who has dedicated himself/herself to the ideals of the Nova Scotia Equestrian Federation. This Individual has also worked tirelessly for the improvement of the Federation and who has had a notable impact on the sport.

All nominations will be considered under the following criteria. The nominee:

1. must be active in the current year,
2. must be an equestrian volunteer, in any capacity, and
3. must be a member of the NSEF and have, through their volunteer activities, made a special and significant contribution to equestrian sport.

The nominations should include a complete personal and equestrian résumé that lists the nominee's major accomplishments and contributions with corresponding dates.

THE NSEF SPONSOR OF THE YEAR AWARD

The NSEF Sponsor of the Year Award recognizes an outstanding company who has given generously to the sport of equestrian through monetary or product sponsorship. The company can sponsor local, regional or national events throughout the calendar year.

The nomination should include a complete list of sponsorships with corresponding dates contributed by this company and detailing the impact this contribution has made to the sport. Nominee contact information must also be included.

THE NSEF SERVICE AWARD

The NSEF Service Award recognizes an individual for a minimum of 10 years of service to the equestrian sport of NS. This individual gives tirelessly and has made a significant difference to the equestrian community.

All nominations will be considered under the following criteria. The nominee:

1. must be active in the current year,
2. must be a member of the NSEF and have, through their volunteer activities, made a special and significant contribution to equestrian sport.

The nominations should include a complete personal and equestrian résumé that lists the nominee's major accomplishments and contributions with corresponding dates.

2012 NSEF AWARDS NOMINATION FORM

NAME OF NOMINEE: _____ PHONE (H) _____ (W) _____

ADDRESS OF NOMINEE: _____
Street and Number

_____ *Town/City* POSTAL CODE: _____

NOMINEE'S NSEF NUMBER: _____

NOMINATED FOR THE FOLLOWING AWARD: SERVICE AWARD VOLUNTEER OF THE YEAR AWARD SPONSOR OF THE YEAR AWARD

ADDITIONAL INFORMATION (PLEASE ATTACH RESUME IF AVAILABLE)

NOMINATED BY: _____ *Signature of Nominator* _____ *Nominator's Name (Printed)*

Nominations for all of the above Awards should be forwarded for arrival in the provincial office on or before Friday, November 2, 2012. Nominations received after that date will not be considered.

THIS IS YOUR RENEWAL NOTICE



2013 NSEF Membership Application (expires Dec 31, 2013)

NOTE: By making application to the Nova Scotia Equestrian Federation, you agree to abide by all Policies, Rules and Regulations of the Nova Scotia Equestrian Federation.
Please **return this fully completed** form with payment payable to NSEF

Member Name:		Middle or Initial	Last
1) First			
Parent/Guardian's Name (Printed) and Signature if Applicant is of under 19 years old at time of application:		Phone # (home):	
		Phone # (work): Please specify who (if not member's)	
Mailing Address:		Phone # (cell): Please specify who (if not member's)	
City/Town:		Fax:	
Province:	Postal Code:	Email:	
Provincial County/Region (e.g. HRM, Hants, Richmond)		NCCP Coach # (if applicable):	
Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male			
Are you a Junior Member*? <input type="checkbox"/> No <input type="checkbox"/> Yes If yes, provide birth date: _____			
*Juniors are 18 years of age & under in 2013 (born in 1995 or later). If you turn 19 in 2013 you are a Senior Member (born in 1994 or before).			

Family Members (List only those who wish to become NSEF members in addition to the Member named above)

Definition of Family: Open to husband, wife, and the **junior aged children** of either/both parents - Juniors are **18 years of age & under** in 2013 (born in 1995 or later). If the child/sibling turns 19 in 2013 (born in 1994 or before) they are a Senior Member and require an individual membership. "Wife" or "husband" may include those who are cohabiting, but not married by law; those who are married, but do not use the same surname; legal guardian(s).

Member's Name	Date of Birth (Required for Juniors)	Relation to the person above	Gender
2)			
3)			
4)			
5)			

For additional "Family Members", please use a blank piece of paper.

How do you wish to receive NSEF Newsletters/Updates and Renewals? By Email By Mail Both

Membership Details	
<input type="checkbox"/> New Member or	
<input type="checkbox"/> Renewal Membership or <input type="checkbox"/> Past Member NSEF# _____ if available	
<input type="checkbox"/> Individual Membership	Payment:
Before January 15th, 2013	\$40.00
After January 15th, 2013	\$45.00
<input type="checkbox"/> Family Membership - Please see chart below	
Definition of Family: Open to husband, wife, and the junior aged children of either/both parents (Juniors are 18 years of age & under in 2013. If the child/sibling turns 19 in 2013 they are a Senior Member and require an individual membership). "Wife" or "husband" may include those who are cohabiting, but not married by law; those who are married, but do not use the same surname; legal guardian(s).	
Before January 15th, 2013	\$60.00
After January 15th, 2013	Additional Juniors _____ x \$17.00
	First two Family Members \$65.00
	Additional Juniors _____ x \$17.00

OPTIONAL PROGRAMS AND SERVICES

NSEF Ride & Drive Program A Reward program recognizing NSEF members for hours spent Riding/Driving a horse. You **MUST** be an NSEF member to participate. Just Ride/Drive for your reward! One time fee per member. (Optional) \$20.00

Horse and Pony Magazine Subscription through NSEF Affiliate Program (6 issues) (Optional) \$15.00

Please send me information on donating to Team NS (Canadian Interprovincial Equestrian Championships Donation Program which provides tax receipts for donations of \$20 or more to Team NS)

Cash/Money Order/Cheque TOTAL: _____

PAYMENT TYPE: -Cheque -Money Order -MasterCard -Visa -Cash/Debit (in office only – please call ahead)

VISA/MASTERCARD PAYMENT INFORMATION: Credit Card Admin Fee \$2.00

Total Credit Card Payment Enclosed: _____

Credit Cardholder Name: _____ **Signature:** _____

Credit Card #: _____ **Expiry Date:** _____ **Verification Code (located on back of card):** _____

Nova Scotia Equestrian Federation 5516 Spring Garden Road, 4th Floor, Halifax, NS, B3J 1G6
Phone: 902-425-5450 ext 337 or 333 Fax: 902-425-5606

PRIVACY POLICY

The NSEF recognizes the privacy of individuals with respect to their personal information and is committed to ensuring the privacy of its members. By becoming a member, you are giving the NSEF permission to inform you of events and activities and notify you of issues or special offers that may be of interest to you through any of the contact information you provide on the application. Members may choose to customize their communication preferences by checking off the applicable box on page one of this application or by contacting the Membership Coordinator at nsefmembership@sportnovascotia.ca or 902-425-5450, ext. 337.

The NSEF does not offer our mailing lists to any outside organizations. However, as an NSEF member, you are a member* of Equine Canada (EC). If you are interested in accessing information about Equine Canada member programs, we need to have your permission to forward your name and contact information onto EC.

I am interested in having NSEF send my contact information to Equine Canada

Please sign here (parent/guardian signature, if under 19): _____ **Date:** _____

*An EC membership does not include an EC Sport License. If you are competing at Equine Canada competitions in 2013, you will require an EC Sport License. Please refer to www.equinecanada.ca for Sport License Renewal/Purchase.

AFFILIATIONS

Please list all other equine clubs, organizations and associations in which you hold a membership;

Pony Club Member **Pony Club Branch Name:** _____

PRIMARY DISCIPLINE (check all that apply)

If unchanged from last year please check here:

English Western Driving Saddle Seat Breed Sport

INDUSTRY PARTICIPATION (check all that apply)

If unchanged from last year please check here:

<input type="checkbox"/> Breeder - Breed Type: _____	<input type="checkbox"/> Recreational Rider	<input type="checkbox"/> Lesson Stable (Own, Operate or Employed by)	<input type="checkbox"/> Hauling	<input type="checkbox"/> Veterinarian
<input type="checkbox"/> Trainer	<input type="checkbox"/> Competitor		<input type="checkbox"/> Volunteer	<input type="checkbox"/> Farrier
<input type="checkbox"/> Coach/Instructor	<input type="checkbox"/> Horse Owner	<input type="checkbox"/> Boarding Barn (Own, Operate or Employed by)	<input type="checkbox"/> Parent	<input type="checkbox"/> Saddler
<input type="checkbox"/> Official	<input type="checkbox"/> Take Lessons		<input type="checkbox"/> Feed Supplier	<input type="checkbox"/> Working Student
<input type="checkbox"/> Interest in future Coaching/Officiating	<input type="checkbox"/> Stable Hand	<input type="checkbox"/> Massage Therapist	<input type="checkbox"/> Groom	<input type="checkbox"/> Other: _____

SPECIAL INTEREST AREA(S) (check all that apply)

If unchanged from last year please check here:

Discipline: English	Discipline: Western	Discipline: Other	Breeds	Breeds Continued...	Recreation
<input type="checkbox"/> Dressage	<input type="checkbox"/> Cutting	<input type="checkbox"/> Endurance	<input type="checkbox"/> Appaloosa	<input type="checkbox"/> Paint	<input type="checkbox"/> 4H Club
<input type="checkbox"/> Equitation	<input type="checkbox"/> Gymkhana	<input type="checkbox"/> Competitive trail	<input type="checkbox"/> Arabian	<input type="checkbox"/> Percheron	<input type="checkbox"/> Polo
<input type="checkbox"/> Eventing Horse Trials	<input type="checkbox"/> General Performance	<input type="checkbox"/> Therapeutic Riding	<input type="checkbox"/> Belgian	<input type="checkbox"/> Pony	<input type="checkbox"/> Hunt Club/ Field Hunting
<input type="checkbox"/> Hack	<input type="checkbox"/> Horsemanship	<input type="checkbox"/> Vaulting	<input type="checkbox"/> Canadian Sport Horse	<input type="checkbox"/> Quarter Horse	<input type="checkbox"/> Canadian Pony Club
<input type="checkbox"/> Hunter	<input type="checkbox"/> Western Pleasure	<input type="checkbox"/> Driving	<input type="checkbox"/> Clydesdale	<input type="checkbox"/> Shetland Pony	<input type="checkbox"/> Rodeo
<input type="checkbox"/> Jumper	<input type="checkbox"/> Reining	<input type="checkbox"/> Combine Driving	<input type="checkbox"/> Draft	<input type="checkbox"/> Sport Pony	<input type="checkbox"/> Trail Development
<input type="checkbox"/> Hunter/Jumper	<input type="checkbox"/> Team Penning	<input type="checkbox"/> Pleasure Driving	<input type="checkbox"/> Fjord	<input type="checkbox"/> Standardbred	<input type="checkbox"/> Trail Riding
<input type="checkbox"/> Saddle Seat	<input type="checkbox"/> Western Trail	<input type="checkbox"/> Harness	<input type="checkbox"/> Fresian	<input type="checkbox"/> Tennessee Walking Horse	<input type="checkbox"/> Education
<input type="checkbox"/> Rider Levels	<input type="checkbox"/> Rider Levels	<input type="checkbox"/> Racing	<input type="checkbox"/> Hackney	<input type="checkbox"/> Warmblood	<input type="checkbox"/> Hopes to show
<input type="checkbox"/> English Pleasure	<input type="checkbox"/> Barrel Racing	<input type="checkbox"/> Hitching	<input type="checkbox"/> Haffinger	<input type="checkbox"/> Thoroughbred	<input type="checkbox"/> Pets
<input type="checkbox"/> Other: _____	<input type="checkbox"/> Barrels & Poles	<input type="checkbox"/> Natural Horsemanship	<input type="checkbox"/> Hanoverian	<input type="checkbox"/> Welsh Pony	<input type="checkbox"/> Other: _____
	<input type="checkbox"/> Other: _____	<input type="checkbox"/> Other: _____	<input type="checkbox"/> Miniature	<input type="checkbox"/> Welsh Cob	
			<input type="checkbox"/> Morgan	<input type="checkbox"/> Other	

HORSE OWNERSHIP INFORMATION

If unchanged from last year please check here:

of Horses: _____ Rent/Lease Own Board Elsewhere Own Stable/Farm

Please mail or fax completed form, along with payment to:

Nova Scotia Equestrian Federation 5516 Spring Garden Road, 4th Floor, Halifax, NS, B3J 1G6
 Phone 902-425-5450 Website www.horsenovascotia.ca Fax 902-425-5606

Executive Director: Heather Myrer, Extension 333

Program Coordinator: Sheila Currie, Extension 337 Email nsefmembership@sportnovascotia.ca

Part-time Membership Coordinator: Crystal Harms, Extension 337 Email nsefservices@sportnovascotia.ca

NOTICE OF ANNUAL GENERAL MEETING

Notice is hereby given that the Annual General Meeting of the Nova Scotia Equestrian Federation will be held on Sunday, November 18, 2012. Details and agenda are as follows:

TIMES: 1:00 pm – Registration
 1:30 pm – Meeting Begins, followed immediately by Awards Reception

LOCATION: Best Western Glengarry Hotel

AGENDA

- a) Call to Order, including declaration of quorum
- b) Approval of Agenda
- c) Approval of Minutes of 2011 AGM – on website (www.horsenovascotia.ca) and available day of meeting
- d) Reports of Officers and Committees – on website (www.horsenovascotia.ca) and available day of meeting
- e) Consideration and Approval of Financial Statements
- f) Other Reports
- g) Old Business
- h) New Business, including
 - i. Election of Directors
 - ii. 2013 Plans
- i) Adjournment.

NSEF ANNUAL GENERAL MEETING
SUNDAY, NOVEMBER 18TH • 1:00 PM
BEST WESTERN GLENGARRY HOTEL, 104 WILLOW STREET, TRURO

BOARD OF DIRECTORS NOMINATIONS FOR 2012/13

Looking for a great volunteer opportunity, a way to give back to your sport? Serving on the NSEF Board of Directors is one way to do that! Our Nominations Committee is actively seeking members of the equestrian community to serve on our board in various capacities. Feel free to contact Kris Foley, Sherri Greenough or Adrienne Smith (*contact information is on page 3*) for more information.

1. Nominations are now being accepted for the 2012/13 Nova Scotia Equestrian Federation (NSEF) Board of Directors. Nominations for the NSEF Board of Directors shall be in writing, using the enclosed form. To make sure that these forms copy clearly, please either **type or print with black pen**. The deadline for nominations is November 2, 2012.
2. Following the election at this year’s AGM, these newly-elected persons will serve for a one-year term, until the next AGM. Nominations will be accepted for the following positions:
 - President
 - Vice-President
 - Treasurer
 - Secretary
 - One Director of Competitions
 - One Director of Education
 - One Director of Recreation
 - Two Directors Representing Clubs
 - Two Directors-at-Large (Three-year term)
3. Any Individual Senior Member of the Federation shall be eligible to be elected a Director of the Federation.
4. Please send Nomination Form to: NSEF, 5516 Spring Garden Road, 4th Floor, Halifax, NS B3J 1G6. Fax (902) 425-5606. **DEADLINE:** November 2, 2012.

NOMINATION FORM — 2012/13 NSEF BOARD OF DIRECTORS

NAME OF NOMINEE: _____ **PHONE (H)** _____ **(W)** _____

ADDRESS OF NOMINEE: _____

Street and Number

_____ **POSTAL CODE:** _____

Town/City

NOMINEE’S NSEF NUMBER: _____

NOMINATED FOR THE FOLLOWING POSITION: _____

ADDITIONAL INFORMATION (PLEASE ATTACH RESUME IF AVAILABLE)

NOMINEE’S SIGNATURE: _____

NOMINATED BY: _____

Signature of Nominator

Nominator’s Name (Printed)

DEADLINE: November 2, 2012

To: Nova Scotia Equestrian Federation · 5516 Spring Garden Road, 4th Floor · Halifax, NS · B3J 1G6
FAX: 902.425.5606



Current subscribers to the Atlantic Horse & Pony Magazine through the NSEF receive a FREE one year subscription to AtlanticHorse&Pony.com

Go to www.AtlanticHorseandPony.com to subscribe. Under "Have a Comment", let us know that you are a current NSEF member.

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Phone toll free: 1-877-354-3764

Scotia Series Year End Awards to be Presented at the NSEF Awards Reception

Did you compete at a Scotia Series competition this year? If so, you may have collected points towards the Scotia Series Year End Awards. Fourteen competitions were involved in the series this year and hosted Scotia Series classes, including Heritage Championships, CNHP Series Shows, some of the Cape Breton Western Riders Competitions, All For Horses Competitions, Memento Farm Horse Show, NS Morgan Open Show, and Gone Riding Horse Show. Year-end points for the Scotia Series classes will be posted to the NSEF Website when calculations are complete. We will also send the link to the points to our email list. Points will be open for auditing for a period of time where competitors can express concerns regarding their points. After the designated period of time, the Year-End Awards will be determined. Year-End Awards will be presented at the Awards Reception on November 18th. Please see the information block for more information. For example, below are the top scores for four of many class points for the 2012 Scotia Series Year-End Points. Stay tuned for postings on our website, www.horsenovascotia.ca, for more classes and divisions as they become available. Please note, class points will be open for auditing until October 26th, 2012.

Cross-rail Open (Top 8)

- Kate Barrett & Oxford Blue - 15
- Angela Wrenn & Overtime - 15
- Grace McCormick & Sugar Rush - 11
- Megan Hichy & Oki Doki - 8
- Katrina Kraitzek & Mia Hebee - 8
- Adelaide Rand Smith & Legally Blond - 8
- Sarah Shannon & Moon Mist - 8
- Hannah Benedict & Laibreahtm Glas- 7

Cross-rail Horse (Top 4)

- Donna Chapman & Famous Last Words - 19
 - Caitlyn Mah & Victoria Secret - 14
 - Sarah Jane MacDonald & Made Ya Look - 13
 - Emma VanZutphen & La Femme Nikita - 10
- Cross-rail Pony (Top 4)**
- Taylor Adams & Pied Piper - 12
 - Kate Clark & My Little Angel - 12
 - Sydney MacDonald & Regalito - 9
 - Maya Feltmate & Mighty Fine - 8

Western Pleasure Open (Top 8)

- Victoria Peddle & GF Finest Scotch - 32
- Colleen Clarke & Georgy Porgy - 29
- Kim Artz & Investor's Hotstuff - 29
- Bryanna Wadden & This Chips Got Spots - 23
- Gina Goulet & C King For Bars - 22
- Heather MacEachern & Skipa Scamp Vanzi - 20
- Jill Burke & Jacs Summertime - 19
- Tynneil Richard & Freedoms Sugar Chex - 18

NSEF Awards Reception
Sunday, November 18th, 2012
Immediately following the AGM (approximately 2:30pm)

Silent Auction
In support of Team Nova Scotia

Meet and Greet
Mingle with competitors while enjoying a light refreshment.

Presentation of Awards:
*Scotia Series Year-End Awards, Team NS Recognition,
 And NSEF Community Sport Awards
 (Volunteer, Sponsor, and Service Awards)*

Award Winners, supporters and fellow competitors are welcome to attend. Although there is no ticket price, we would ask you to please RSVP to Sheila or Crystal at the NSEF Office indicating the number of people and which award winners are attending, in order for us to prepare the awards.
 Contact nsefmembership@sportnovascotia.ca or 902-425-5450 ext 337

Equine Canada Bylaws to be Reconsidered

Members of Equine Canada (EC) from across Canada recently had an opportunity to vote on draft revisions to the national sports federation's Bylaws. Although a general meeting to accommodate in-person voting on the Bylaws during the Canadian Interprovincial Championships in Bromont, Quebec on September 22/12, saw the revisions accepted almost unanimously, an advanced on-line voting served to defeat the revisions.

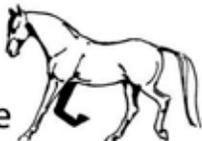
"We have heard from many members from all parts of Canada," reports EC President Mike Gallagher, "that they were unaware we had embarked upon a revision to our Bylaws, as well as the rationale and realities driving the need for these revisions.

"Following the failure of the revisions to be adopted, the

Board has decided to undertake more fulsome stakeholder communications in order to better engage and educate members, in addition to removing any barriers to a successful relationship with our partners and members." The Board expects to begin this new process within the next few months- communication with members will include opportunities for information sessions during provincial and regional equestrian sport organization gatherings.

If you are interested in learning more about Equine Canada Bylaws, please email us at info@equinecanada.ca or call 1 866 282 8395. A member of our Bylaws Committee would be happy to speak with you.

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Julia Chapman, Owner/Manager, BHSII
 British Horse Society Instructor
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“HOW DO I BECOME A CERTIFIED COACH?” By: SHEILA CURRIE, NSEF PROVINCIAL COACH COORDINATOR

One of the most common questions I get asked regarding the NCCP coaching program is “how do I become certified?” The specifics of the steps depend on which discipline and certification context, but generally speaking, the steps are the same.

Step 1: Determine the context that is best based on your ability to coach or instruct specific athlete types.

As discussed in the spring 2012 edition of the NSEF’s Hoofprints newsletter, there are no longer levels that you must work through in the coaching program. Instead, the new system trains and certifies coaches to teach specific riders with specific goals. You can also choose to be evaluated in more than one context.

Step 2: Find a mentor

Look for a **Current, NCCP Certified** Equestrian Instructor/Coach to work with and mentor under while you are preparing for your evaluation. Although there is no longer a mandatory mentoring component to the NCCP coach certification program, certified instructors/coaches are knowledgeable in the program and are a great asset to coach candidates. The specific mentor program will be developed with your mentor

and varies from coach to coach depending on experience level.

Step 3: Prerequisites

Once you determine the certification context in which you are going to be evaluated, complete the prerequisites for that context and submit them to NSEF (please indicate what discipline and context on the paperwork). Many of the pre-requisites are the same for all contexts.

Step 4: Training Opportunities (Recommended)

There are several excellent coach training opportunities available for coaches and coach candidates. Although currently not required, they are strongly recommended. Contact NSEF to be added to our coach candidate list so that we can send you clinic information directly. The next Competition Coach Workshop will be held in December (see page 7).

Evaluation

Contact Sheila at the NSEF Office approximately one month before you are ready for your evaluation.

Have questions about coaching?

Email: nsefmembership@sportnovascotia.ca or call 902-425-5450 ext 337

NSEF HOOFPRIENTS Newsletter 2012/13 ADVERTISING RATES & SCHEDULE

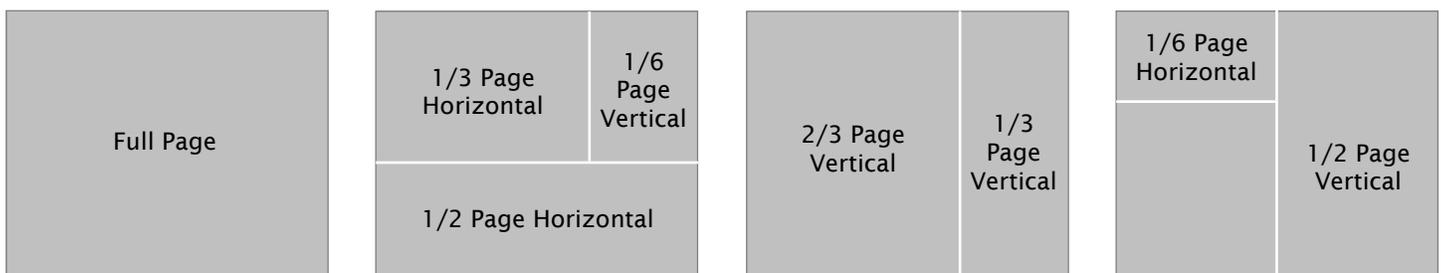
ADVERTISING RATES (Effective February 2012)		
AD SIZE (W x H)	1x	2x
Back Cover - Full colour (8" x 10.5")	\$400	\$725
Inside Covers - Full colour (8" x 10.5")	\$325	\$550
Full Page inside (7.5" x 9.5")	\$250	\$400
2/3 Page (Horizontal 7.5" x 3.125")	\$200	\$340
1/2 Page (Vertical 3.6215" x 9.5") (Horizontal 7.5" x 4.75")	\$125	\$175
1/3 Page (Vertical 2.333" x 9.5") (Horizontal 4.9444" x 4.75")	\$100	\$150
1/6 Page (Vertical 2.333" x 4.75") (Horizontal 3.6667" x 3.1667")	\$ 50	\$ 75

All prices are quoted in Canadian Funds.

ISSUE	BOOKING DEADLINE	MATERIAL DEADLINE
April	February 15 th	March 1 st
November	September 15 th	October 1 st

PARTICULARS (Rates quoted are for print-ready ads)
FREQUENCY DISCOUNTS: These discounts are based on confirmed advertising plans, with all ads booked at one time. Prices will be pro-rated and invoiced in the event of the cancellation of a plan. Discounts can only be applied if the account is up to date.
COMPOSITION: NSEF will provide design and production service if required. Rate for this service is \$50 per hour.
TERMS: Net 30 days. New accounts, please submit payment with order pending credit approval.
REQUIREMENTS: PDF · Tiff · EPS · High-Resolution JPG (300 dpi). Photocopies and laser reproductions are not acceptable for printing.
The publisher reserves the right to reject any advertising at any time. All advertising is accepted and published by NSEF on the representation that the advertiser is authorized to publish the content and subject matter. It is understood that the advertiser retains sole responsibility for any loss or liability resulting from any claims or suits that may arise out of publication of such advertisement.

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CONCUSSION AWARENESS

Definition:

A head-trauma-induced alteration in mental status that may or may not involve a loss of consciousness.

*People who have lost consciousness have a concussion or worse!
A person does not need to lose consciousness to have a concussion!*

A concussion may be caused by a direct blow to the head, face, neck or anywhere else on the body that causes a severe and sudden movement to the head.

COMMON SIGNS AND SYMPTOMS

Symptoms are often subtle

- headache
- pressure in head
- neck pain
- dizziness
- balance problems
- nausea and vomiting
- vision problems
- hearing problems/ringing
- "don't feel right"
- feeling "dinged" or "dazed"
- confusion
- feeling slowed down
- feeling like in "a fog"
- drowsiness
- fatigue or low energy
- more emotional than usual
- irritability
- difficulty concentrating
- difficulty remembering

PREVENTION - Reduce the risk of brain injury:

1. Appropriate protective equipment should be worn properly and replaced when damaged. Approved helmets should be used in all activities with a risk of head trauma.
2. Adhere to the rules of the sport or activity. Play fair and play smart!
3. Respect all participants.

Printed: December 31, 2010

IWK Department of Pediatrics



Capital Health



www.thinkfirst.ca



BIANS
Bilateral Injurious Association of Nova Scotia
bians1@ns.sympatico.ca
phone: 902 473-7301

CONCUSSION MANAGEMENT GUIDELINES

Returning to an activity while still symptomatic is very dangerous.

When in doubt, sit them out!

Anyone suspected of having a concussion must be removed from the current activity, game or practice and seek medical evaluation.

What can I expect?

Concussion typically results in a fast onset of short term difficulties that resolve over time. You will need to rest until your concussion symptoms are gone. This means resting your body and mind until you have no symptoms of headache, fatigue, etc. Then your DOCTOR will advise that you go through a gradual increase in exercise and activity (listed below) before returning to your normal physical and mental activities.

Step 0 Complete physical rest - no exercise or exertion. Limit mental activities i.e. reading, TV, computers, video games. **If these mental activities make your symptoms worse, stop immediately.** No alcohol or drugs until you are symptom free.

Proceed to the next step **ONLY** if symptom free. If symptoms occur, drop back to the step where you do not have symptoms, then try to progress again. Allow **AT LEAST 24 hours** between steps.

Step 1 Light exercise/work such as walking or stationary cycling, reading.

Step 2 Sport/work specific activity such as skating for hockey, computer use for work.

Step 3 Sport practice - no contact/work for short intervals.

Step 4 Sport practice with body contact/work - once cleared to do so by a **MEDICAL DOCTOR**. The time required to progress will vary with the severity of the concussion.

Step 5 Return to full activity - sport/work/school.

SECOND IMPACT SYNDROME

Even a seemingly mild blow to the head when post-concussion symptoms are still present can lead to significant problems. It has also been shown that multiple concussions can lead to irreversible changes such as memory loss and concentration problems.

Signs to watch for:

Problems could arise over the first 24-48 hours.

You should not be left alone and must go to a hospital at once if you have:

- a headache that gets worse
- drowsiness and can't be woken up
- inability to recognize people or places
- repeated vomiting
- unusual behavior or confusion
- signs of being very irritable
- a seizure
- weak or numb arms or legs
- unsteadiness on your feet
- slurred speech

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